Aligned with NEP 2020 | NCF 2023 | ECCE | FLN Goals

Foundational Stage

Nursery

WONDER POP Twinkle

WONDER WORLD

Name

Class

Paste your photo here

School

Roll No.



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Chapter 1

Me and Myself

I am special and different from everyone. Let us learn about myself.

Paste your photograph here.



I am _____ years old.

I am _____ inches tall and weigh _____ kg.

My name is _____.

I am a _____ (boy/girl).

My favourite colour is

I am unique, just like me,
I shine like a star, bright and free.
I grow each day, just like a tree,
I am kind and love to share, you see.
I care for others everywhere,
And spread my kindness with love and care.

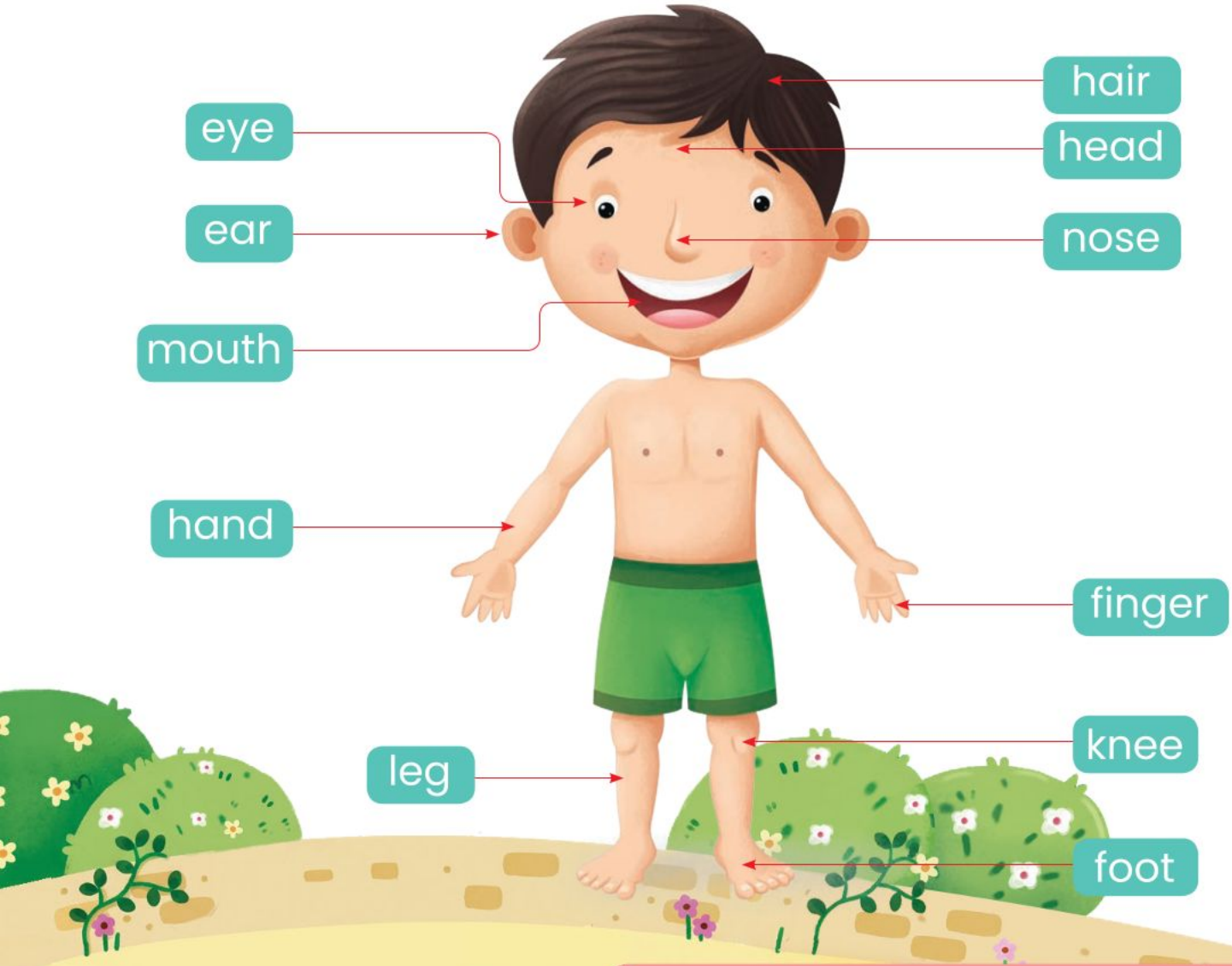
Teacher's Note

Guide children to share information about themselves and complete the activity.

Chapter 2

My Body

Our body is made up of many parts. Each part has a special role. Let us learn about our body parts.



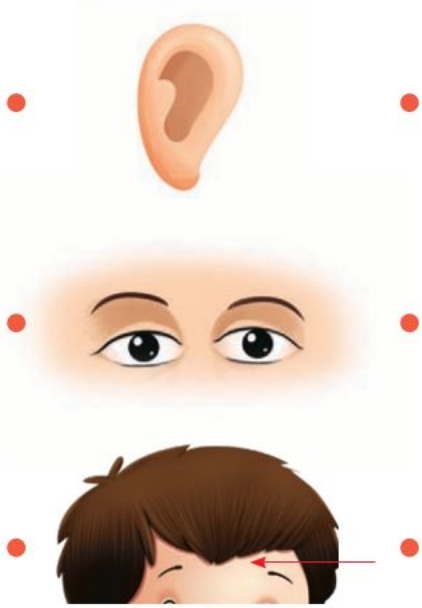
Teacher's Note

Sing a fun song about body parts (such as "Head, Shoulders, Knees and Toes"). Encourage children to point to each body part and perform actions while singing for joyful learning.

Hands to work and feet to walk,
My body helps me move and talk.
I stretch, jump, and play each day,
My body helps me in every way.

PRACTICE TIME

Draw lines to label the parts of the body.



eye

hair

ear

head

leg

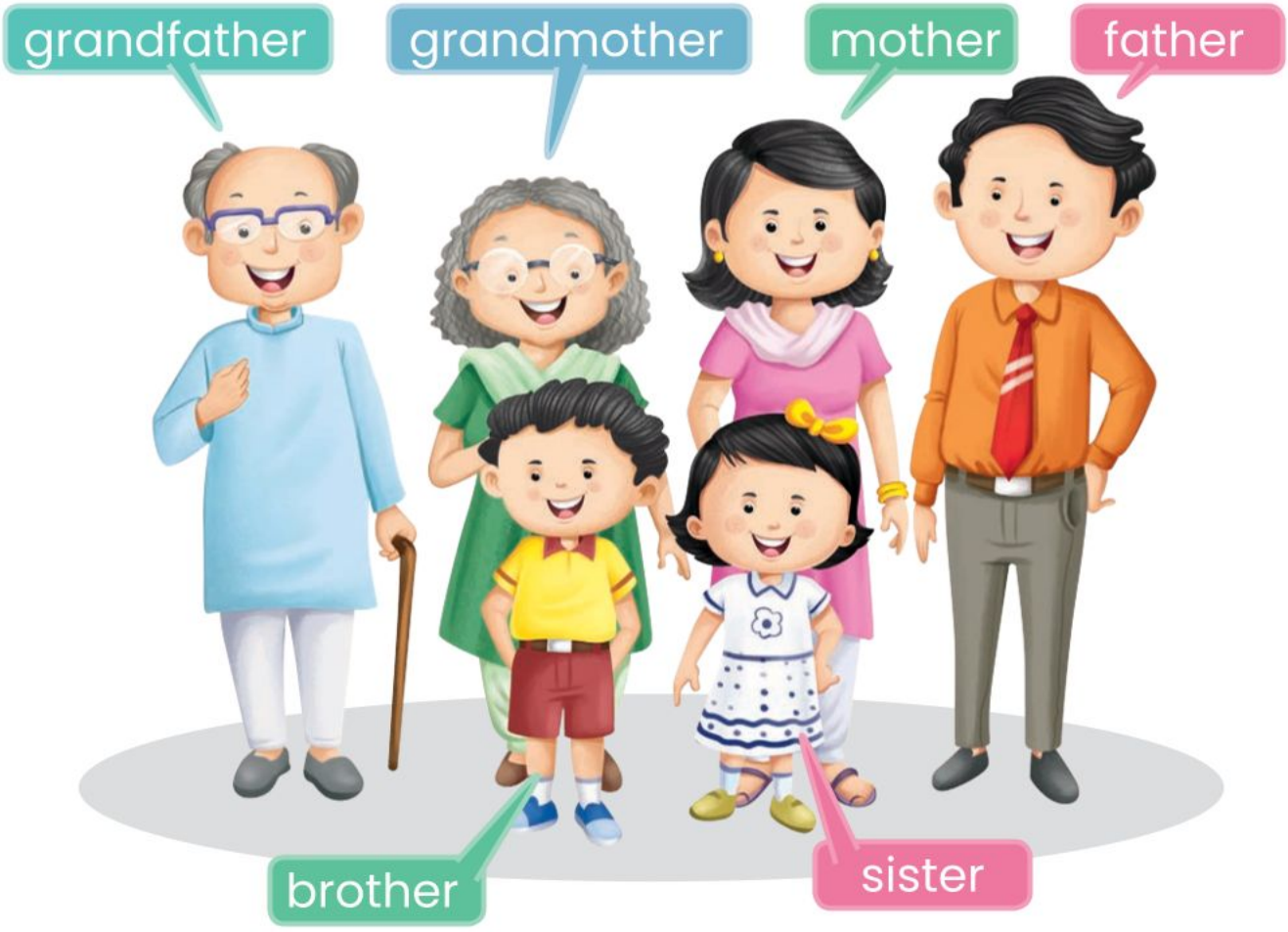
nose

hand

Chapter 3

My Family

A family lives together with love and care. Let us meet the people in a family!



I have a family, full of cheer,
Mom and Dad are always near.
Brother and sister love me too,
My family cares for all I do.

Teacher's Note

Encourage children to talk about their family members and share how they love and help one another.